

# D. Dinis Canteen Menu

R30

Week - 08<sup>th</sup> to 12<sup>th</sup> April 2024

**Monday (08-04-2024)**

**Soup:** Vegetables.

**Dish:** Macaroni à la D. Dinis (minced meat, tomato sauce), white cabbage salad, carrots and red cabbage.

**Veg Dish:** Stuffed courgette with soya bolognese, macaroni pasta and salad.

**Dessert:** Seasonal fruit.



**Tuesday 09-04-2024)**

**Soup:** Beans with sweet potato.

**Dish:** Plaice with tomato rice, lettuce, beetroot and watercress salad.

**Veg Dish:** Black bean pataniscas with tomato rice and salad.

**Dessert:** Seasonal fruit.



**Wednesday (10-04-2024)**

**Soup:** Green broth.

**Dish:** Chicken leg stew with spaghetti and vegetables, red cabbage, carrot and corn salad.

**Veg Dish:** Spaghetti with mushrooms, mixed vegetables and salad.

**Dessert:** Seasonal fruit.



**Thursday (11-04-2024)**

**Soup:** Chayote cream.

**Dish:** Cod salad with chickpeas, potatoes, carrots and egg, tomato, cucumber and pepper salad.

**Veg Dish:** Watercress salad with potatoes, carrots, cauliflower and salad.

**Dessert:** Seasonal fruit.



**Friday (12-04-2024)**

**Soup:** Broccoli.

**Dish:** Turkey stroganoff with white rice, lettuce, beetroot and watercress salad.

**Veg Dish:** Pea stew with leek, aubergine, white rice and salad.

**Dessert:** Seasonal fruit.



\* The menu is subject to change

**The Headmaster**  
Manuel Nora  
*Advançador*

**Date**

25<sup>th</sup> March 2024