

D. Dinis Canteen Menu

R24

Week - 26th February to 01st March 2024

Monday (26-02-2024)

Soup: Vegetable.

Dish: Meat pie, Lettuce, Cucumber and Beetroot Salad.

Veg Dish: Vegetable Pie With Red Beans and Salad.

Dessert: Seasonal Fruit.



Tuesday (27-02-2024)

Soup: Cream of broad beans.

Dish: Perch with Peppers, Spinach Rice, Lettuce, Carrot and White Cabbage Salad.

Veg Dish: Spinach Rice with Lentils, Cabbage and Salad.

Dessert: Seasonal Fruit /Pudding.



Wednesday (28-02-2024)

Soup: Leek

Dish: Chicken Stew (Potatoes, Peas, Carrots), Red Cabbage, Watercress and Cucumber Salad.

Veg Dish: Vegetable Stew (Potatoes, Peas, Carrots, Green Beans) and Salad.

Dessert: Seasonal Fruit.



Thursday (29-02-2024)

Soup: Pumpkin with Watercress

Dish: Macaroni Pasta au Gratin with (Fish, Shrimp, Vegetables), Lettuce, Tomato and Corn Salad.

Veg Dish: Macaroni with Soya, Cauliflower, Broccoli, Courgette and Salad.

Dessert: Seasonal Fruit.



Friday (01-03-2024)

Soup: Broccoli.

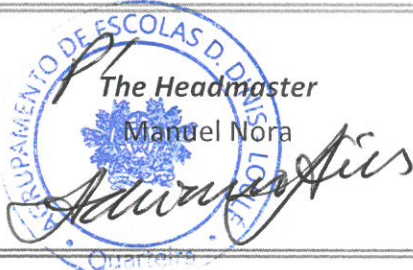
Dish: Veal Scallops Stew with Rice, Lettuce, Arugula and Beetroot Salad.

Veg Dish: Stewed Mushrooms with Vegetables, Rice and Salad.

Dessert: Seasonal Fruit.



* The menu is subject to change


The Headmaster
Manuel Nora
Manuel Nora

Date
19th February 2024