

Aragão Canteen Menu

R30

Week – 15th to 18th April 2024

Monday (15-04-2024)

Soup: Vegetable cream.

Dish: Fish fingers with carrot rice, lettuce, beetroot and cucumber salad.

Veg Dish: Vegetarian fish fingers with carrot rice and salad.

Dessert: Seasonal Fruit.



Tuesday (16-04-2024)

Soup: Broccoli cream.

Dish: Meatballs (pork and beef) with spaghetti, tomato salad, red cabbage and carrots.

Veg Dish: Macedonian stewed vegetables with spaghetti and salad.

Dessert: Seasonal Fruit.



Wednesday (17-04-2024)

Soup: Vegetable julienne.

Dish: Baked salmon with boiled potatoes, lettuce, tomato and peppers salad.

Veg Dish: Potato salad with black-eyed peas, cauliflower, carrots and salad.

Dessert: Seasonal Fruit.



Thursday (18-04-2024)

Soup: Green beans

Dish: Turkey stroganoff with garlic rice, lettuce, arugula and carrot salad.

Veg Dish: Sautéed mushrooms with vegetables, garlic rice and salad.

Dessert: Seasonal Fruit.



Friday (19-04-2024)

Soup: Chickpea cream with savoy cabbage.

Dish: Tuna pasta au gratin, lettuce, red cabbage and corn salad.

Veg Dish: Pasta with peas, broccoli, carrots and salad.

Dessert: Seasonal Fruit.



*The menu is subject to change

Pl
The Headmaster
Manuel Nora
Manuel Nora

Date

10th April 2024